

Ariana Hoet, PhD is Executive Clinical Director of The Kids Mental Health Foundation, where she leads efforts to provide trusted, evidence-based resources that promote children's mental health. She also serves as a clinical assistant professor of Pediatrics at Nationwide Children's Hospital and The Ohio State University and provides care in pediatric primary care, with a focus on serving immigrant children and families. A nationally recognized expert in youth mental health, Dr. Hoet is a frequent media contributor for outlets including CNN, Good Morning America, USA Today, Newsweek, and Axios. Her work has earned numerous honors, including the American Psychological Association Early Career Award for Outstanding Contributions to Benefit Children, Youth, and Families and recognition as a Distinguished Hispanic Ohioan. Originally from Venezuela, Dr. Hoet is a passionate advocate for equitable access to mental health care and culturally responsive family support. She is also the co-founder and vice president of Parenting Culture, a national nonprofit dedicated to inclusive parenting resources.